



Bylaws

Amended October 2022

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B1.01

All registrations must be completed and submitted for approval by the deadline set by the Ontario Lacrosse Association annually.

B1.02

All players' registration must be complete before taking part in any on floor activities. Also any player registration must be processed by the zone, and OLA before participating in any OLA sanctioned games. i.e. tournaments/provincials

B1.03

Every player in each division must be a bonafide and continuous resident of the city, town or village in which their club is situated from the first day of January in the year in which they play, except where a player lives in a city, town, village or rural district where there is no club, in which case, they may play for the nearest club that has a team for their age group.

A bonafide and continuous resident shall also include a player who after qualifying with a club with the residence may make a bonafide change of residence after January 1st of the year in which they play, such changes however, must be brought to the attention of the Zone 7 Executive for approval before such a player is entitled to play with the club they qualified with.

B1.04

In the event a club signs a player from a city, town or village that does not have an entry by May 1st and at a later date the city, town or village so affected enters a team, that player will remain with the team holding their registration unless released. A letter of residence is to be secured by the club gaining the player(s) and forward to Zone 7 Registrar prior to playing that club.

B1.05

Residence Rule Clarification:

The shortest distance from a player's residence, over well traveled roads, to the home Lacrosse Box or Arena of the club concerned. In the event of a dispute, the Zone Executive may declare the player(s) free agents. The player(s) must sign with one of the clubs involved in the dispute within ten days of notification.

B1.06

It must be proven to the Zone Registrar that the player has not attained their; U22— 21st birthday, U17— 16th birthday, U15— 14th birthday, U13—12th birthday, U11 — 10th birthday or U9 — 6th birthday, prior to January 1st of the playing season that they intend to compete in.

B1.07

It shall be the duty of each Member Association to notify the Zone Director of the clubs colors for the information of all concerned. In the event of two sets of uniforms being similar, then the home club must change their uniforms to prevent confusion.

B1.08

All teams' bench personnel must be registered with their Association Registrar, Zone

Registrar and the O.L.A. and must supply proof of qualification before participating in any O.L.A. sanctioned games.

B1.09

Any player(s) who had already registered and who has not played more than seven games will be allowed to return to Zone 7 provided that they have the necessary release forms from the O.L.A. club that they had signed with.

B1.10

Any Zone 7 club may not use more than five players from a lower division in any game. Penalty shall be forfeiture of games.

Article II: Playing Rules

B2.01

C.L.A. playing rules will apply for Zone 7 competition in so far as they have been adopted by the O.L.A. Suggested rule changes must be submitted in writing to the Zone Director no later than forty days prior to the Zone Annual General Meeting.

B2.02

The Zone Director has the power to give decisions re: Questions arising out of the regulation or rule of the game with the decision to be confirmed or changes at the next Executive meeting.

B2.03

No game may be postponed without the approval of both Associations and the Zone Scheduler. All postponed games must be rescheduled within seven days (where possible) by both clubs involved. If either team is not informed of the cancellation of game(s), then the team to default their commitment would be responsible for the travel, floor, timekeepers and referee expenses incurred by the opposing team at the discretion of the Zone 7 Executive

B2.04

The Zone, Referee and Association Executive reserve the right of removal of any person (s) guilty of off floor unsportsmanlike conduct during any Zone 7 or OLA sanctioned event, referencing the Zone 7 Zero Tolerance Policy. Any player/bench personal unsportsmanlike conduct on the floor will be handled by the referee group. (See B-XII for further information.)

Zone 7 Zero Tolerance Off Floor Policy

There will be zero tolerance for any misbehavior by spectators, bench personal and players at any Zone 7 or OLA sanctioned event within Zone 7 boundaries. Zone 7 reserves the right to ask you to leave the premises for any such behavior. If you choose not to leave, the facility staff will be advised to call the police.

- Fighting off the floor (Fighting on will follow OLA regulations)
- Making derogatory comments based upon race, ethnic origin, religious background or gender

- Threatening a referee, box personal, another coach or player or executive member.
- Making obscene gestures
- Persisting in such a behavior after being ejected from a game
- Behaving in any manner to dishonor, embarrass or disgrace the game

For any occurrence that takes place falling in the above criteria, a written report will be submitted via email within 48 hours to the Zone Director. The Zone Director will take immediate action if need be, and rectified at the next Zone meeting with the Executive.

Article III: Teams & Player Movement

B3.01

A minimum of seven players must be dressed at game time.

B3.02

Any Zone 7 player from U9 through U17 may play in the immediate higher division for a team of their own club during the regular schedule. Players must decide what team they will play for and the Zone Director must be notified of this intention in writing by July 1st.

Article IV: Player Releases

B4.01

A player must secure a release from their parent club or Association to play for any other club.

B4.02

If a club in a city, town, village or community has a number of players whom they cannot use on their team(s) (any tier at that level), then these players may, if released by their parent club or Association; apply to the Zone Executive for permission to play with the closest city, town, village or community.

B4.03

Zone 7 players may not be moved up to the O.L.A. without their proper releases from their parent Association.

Article V: Exhibition Games

B5.01

Clubs in this Association shall not be allowed to play matches with club players who have been suspended or expelled from the Association during the period of such suspension or expulsion.

B5.02

A player shall not play in an exhibition game or tournament unless as a member of the club which he/she is registered, unless approval is received from the Zone 7 Executives.

Article VI: Play-offs & Tournaments

B6.01

The Championships of the Zone shall consist of U9 through U22.

B6.02

The Executive in the interests of the game shall group all Member Associations. The Executive at its discretion may create additional series in any age group.

B6.03

The Executive shall arrange all Zone 7 Playoffs. Any Member Association that does not host a Zone Playoff series in one year will host a Zone 7 Playoff series in the following year.

B6.04

All Zone 7 Playoffs will be determined on an annual basis.

B6.05

Tie games shall be allowed in regularly scheduled season play, sudden death game will decide standing in league playoffs.

B6.06

All Girls and Boys Box Teams registered in Zone 7 for that current year will, at the end of their current playing season, participate in the Zone 7 Championship Weekend. Should a Team decide they do not wish to participate in the Zone Championship Weekend for any reason other than to attend an OLA sanctioned tournament, a fine of \$200.00 will be assessed to the withdrawing Team / Association.

Article VII: Suspensions, Fines & Protests

B7.01

The Executive may fine a club or team in any sum not exceeding one hundred dollars, or may suspend or expel a club, team member or player for notorious and continued foul play, or unsportsmanlike or ungentlemanly conduct, individually or collectively, on the floor or at any place where a lacrosse match is being played, or at a meeting or gathering in the interest of the game, for neglecting to pay assessments made by the Executive or for any persistent infringement of the laws of the game, or the rules of the Association, for neglecting to obey or carry out any order of the Executive transmitted by the Director or Secretary of this Association. Any club, player or member suspended by the Executive can be re-admitted only by majority vote of the Executive to re-open and to consider any such suspension.

B7.02

A player, coach or manager may be suspended by the Zone Director (or in his/her absence the Technical Director) of the Association for just cause, for any period which the Director (or in his/her absence the Technical Director) may consider proper under the circumstances, but the suspended person(s) may apply in writing through the Director within seven days of such suspension, for the right to appear before the Executive at its next meeting.

B7.03

Any person who shall play under an assumed name shall be expelled from the Association.

B7.04

Protests signed by the President and Secretary of the club protesting must be sent by registered mail to the Zone Director, with a copy to the other club involved, "postmarked" within forty-eight hours from the date of the match (Sundays Excluded). The other club shall be allowed forty-eight hours (Sundays Excluded) to file its defense with the Zone Director, with a copy to the club protesting. A decision to be rendered by the Zone Referee-In-Chief. Appeals may be made in writing to the Zone Director within forty-eight hours of receipt of the Referee-In-Chief's decision.

B7.05

Protests on technicalities which do not affect the actual results of the game will not be accepted by the Zone Director.

B7.06

A protest of any game result due to a referee, timekeepers or any official's conduct, decision and/or ruling, will not be entertained by the Executive. However, a letter of complaint regarding any game official shall be thoroughly investigated by the Zone 7 Executive.

B7.07

Any coach, manager or club official withdrawing a team from the floor in any Zone 7 sponsored contest, will be suspended until the next Zone 7 Executive meeting. Such a withdrawal should be reported to the Zone 7 Director within forty-eight hours (Sunday Excluded) of such action.

B7.08

Any coach, manager, club official or game official who is in direct contact with handling of a team of youngsters at games in league play or tournament, smelling of intoxicating beverages or whose actions are not in the best interest of the youngsters, and said actions caused by intoxicating beverages, the said parties will be given a one year's suspension, and must apply at that time for reinstatement.

B7.09

A Discipline Committee shall be comprised of the Zone Director, the Technical Director, and a third Zone 7 Executive member (appointed by the Zone Director), unless a conflict of interest arises. An Appeals Committee shall consist of three people, other than the three people on the Discipline Committee, dealing with the appealed incident. These three people must be Zone 7 Executive Members. The Zone RIC will be a resource to this committee for explanation of rules and/or input on the referee involved.

B7.10

Progressive discipline for Coaches:

First GM = current policy \$20 fine and next game suspension

Second GM = \$20 fine and next two games suspension

Third GM = \$20 fine and a discipline meeting with the Zone discipline committee

This covers all GMs, it does not have to be for the same behavior

Article VIII: Agreement

B8.01

The O.L.A. will not approve a registration involving a minor player who has not reached his/her sixteenth birthday prior to the first day of January in the season the player intends competing, unless said O.L.A. registration is accompanied by a formal release, signed by officials of his/her minor team. A player over sixteen may not be signed by an O.L.A. team from outside his/her residential boundaries per the residence rule unless accompanied by a formal release signed by officials from his/her O.L.A. team.

B8.02

It will be considered mandatory that the Zone 7 Registrar will provide to each Member Association proof of registration status when requested.

B8.03

Players of U22 and U17 teams affiliated with an O.L.A. Team may play in O.L.A. competition as outlined in the O.L.A. Constitution Section 136 which reads:

"The club or team may, with the consent of the Association, have affiliated with it another club or clubs in the city, town, police village or rural area or the nearest club or team nearest to its municipality, each team may have only one team affiliation and this must be in a lower classification. Senior A, Senior B, Junior A or Junior B (for the purpose of affiliation, O.L.A. Intermediate and Midget).

If an O.L.A. Minor team is involved, the affiliation must be approved by the O.L.A. A signed player, with the consent of his/her manager, any play for an affiliated team. He/she may advance to a higher category at any time up to midnight of July 1st. After July 1st he/she shall participate in no more than a total of three games, including playoff games. No team may move up more than three players for any given game at any time after July 1st. A copy of the terms of the affiliation agreement involving the club concerned must be in the hands of the Zone Director by May 15th of the current playing season, signed by the President and Secretary of the teams involved".

B8.04

If an unaffiliated Zone 7 team uses a player who has played more than seven O.L.A. games, any points won by that team will be forfeited and awarded to the opposition team or teams.

Article IX: Playing Area & Playing Equipment**B9.01**

The home team shall be held responsible for the seeing that the playing area is suitable for all games, to the satisfaction of the referees.

B9.02

The home Association shall be responsible for the keeping of the player's bench and timekeepers' area clear from spectators and for the maintenance of good order and shall provide a gong or bell for the timekeepers, and it shall be the duty of their referees to insure this prior to the start of each game.

B9.03

In the case of a spectator interfering with either the players or the officials as to delay the progress or the outcome of the game. The referees shall declare the game off and report the circumstances to the Zone Director and Zone Referee-In-Chief immediately.

B9.04

It is the responsibility of the home Association to supply the referees with C.L.A. certified Lacrosse balls and keeps them supplied with them.

B9.05

Each Member Association Travel Team shall carry both home and away uniforms. In the event of a conflict with Team jersey colours, the Home Team is required to change into their alternate jersey to prevent such conflict.

Article X: Referees Responsibilities

B10.01

Each Member Association shall supply the Zone Referee-In-Chief a list of all qualified referees.

B10.02

Must ensure that all C.L.A., O.L.A. as well as all Zones and home Associations' rules, regulations and guidelines are followed.

B10.03

All stop time and rest periods must be instituted according to the "Length of Game" guidelines as outlined in "Length of Game Guidelines" as attached (If a curfew is imposed then that game will end at that point).

Article XI: Minor Officials Responsibilities

B11.01

In Zone 7 play there must be in the timekeepers' bench: for U9 to U22 games, no less than two timekeepers per game. One person must be eighteen years of age or older and no one under fourteen years of age is permitted.

B11.02

After each game, the scorekeeper must ensure that the Digital Gamesheet is reviewed by the officials and finalized in the system.

Article XII: Length of Games

B12.01

Zone 7 will annually notify all Member Associations of the game play and penalty guidelines that are in effect, with instructions to notify their coaches and Executives that these are to be enforced. This pertains to Zone 7 regulations and all current O.L.A. and C.L.A. Rules.

B12.02

LENGTH OF GAMES:

U9– Three **15** minute periods, the last **3** minutes of the third period to be stop time if **3 goals or**

less differential. (No 30 second rule in U9)

U11– Three **15** minute periods, the last **3** minutes of the third period to be stop time if **3 goals or less** differential. (30 second rule in effect)

U13 – Three **15** minute periods, last **3** minutes of the third period to be stop time if **3 goals or less** differential. (30 second rule in effect)

U15– Three **15** minute periods, the last **3** minutes of the third period to be stop time if **3 goals or less** differential. (30 second rule in effect)

U17 – Three **15** minute periods**, the last **3** minutes of the third period to be stop time if **3 goals or less** differential. (30 second rule in effect)

U22– Three **15** minute periods**, last **3** minutes of third period to be stop time if **3 goals or less** differential. (30 second rule in effect)

**** 15** minute periods only if **2** games are played on one day or if time does not allow for back to back 20 minute period games.

Note: **1 60 sec** timeout per team per game at all levels in Minor Lacrosse.

Games at all levels must have minimum **3 minute** rest between periods.

No overtime in the event of a tie in regular season game play.

LENGTH OF PLAY-OFF GAMES

The regulation game times are in effect with the addition of overtime in the event of a tie game. **10 minute, stop time sudden death** victory periods will be played. The team scoring first will be declared the winner.

Article XIII: Reporting of Game Results & Infractions

B13.01

A \$10 fine will be imposed if digital gamesheets are not finalized within the 24hr timeframe.

B13.02

~~Game sheets must be mailed to the Technical Director for Zone 7 within 5 business days of game day completion. A \$50 fine will be imposed on the Association if game sheets for that scheduled day are not received in the timeframe..~~

No Longer Required

B13.03

Special Incident reports must be phoned or emailed to the Zone 7 RIC and to the Zone 7 Director **immediately** following game completion, by the ref who made the call. The Special Incident form must be completed and faxed or mailed to the Zone 7 RIC and Zone 7 Director within 24hrs of game completion.

Article XIV: Fine & suspension Guidelines

B14.01

The purpose of these guidelines is to ensure the entire Zone works within common rules & suspensions as set down by the OLA. Fines contained in these guidelines have been set by Zone 7 and are payable to Zone 7.

B14.02

All suspensions are to be served in Zone play and/or OLA Sanctioned Tournaments and Provincials.

B14.03**FINE BREAKDOWN****Fighting**

Zone Games:

1st Fight - balance of game + 1 game + \$20.00 fine

2nd Fight - balance of game + 2 games + \$20.00 fine

3rd Fight - indefinite suspension until hearing + \$20.00 fine

(b) If there is an instigator or clear aggressor in a fight, a game misconduct plus any other penalties shall be assessed to the offending player(s).

Tournaments (Including Provincials):

Major + 1 game + disqualification from Tournament

Fighting off the playing surface

Zone - 6 game suspension + \$20.00 fine

Tournament (Including Provincials) – Major + 1 game + disqualification from Tournament

Players restarting or re-entering a fight

A 4 game suspension + \$20.00 fine

Third man in an altercation

Balance of game + 2 additional games + \$20.00 fine

Player, Coach or other club official striking a game Official

Indefinite suspension until dealt with by the OLA Disciplinary Committee. Must be reported to the OLA on a Special Incident Form with in 48hrs + appropriate fine

Illegally leaving the penalty box

A 6 game suspension + \$20.00

Illegally leaving the players bench to become involved in an altercation

1st man off bench – 6 game suspension + \$20.00 fine

Balance of players – Game Misconduct + \$20.00 fine

Bench Clearing

Head coach – indefinite suspension and disciplinary hearing (6 games), Team fine \$200

Match Penalty - (i.e. stick swinging, kicking, spearing, attempt to injure, checking from behind,

butt ending)

3 games suspension + \$40.00 fine plus Disciplinary hearing

2nd Match Penalty

Indefinite suspension, disciplinary hearing (5 games)+ \$50 fine

Gross Misconduct

Disciplinary hearing - Minimum **3** game suspension + \$40 fine

Gross Misconduct for discrimination

Disciplinary hearing - Minimum **10** Games - will be dealt with at OLA

Uttering Threats Toward player, bench, fans

Gross Misconduct 4 Games (min) + \$40.00 fine

Uttering Threats Toward Referee

Match Penalty 5 games (min) + \$40.00 fine

Team officials removing a team from the floor or from play or making a travesty of the game.

Team fine of \$100.00 + indefinite suspension to the head coach pending a review by the discipline committee (**5** games)

Game Misconduct

If assessed a game misconduct, regardless of the time it occurs, the Player or Bench Personnel will serve the remaining balance of that game + a further 1 game suspension + \$20.00 fine.

Note; A Game Misconduct is not progressive unless in conjunction with a fighting or Aggressor Major.

Game Cancellation (<72 hour notice)

\$100.00 + referee fees + floor time

Non-attendance at a regular scheduled Zone meeting by at least 1 (one) Association Representative \$100.00

Failure to pay all Zone debts before Oct. 31

\$100.00

Failure to appear for a scheduled game without prior notification

Loss of \$200 performance bond + floor time + referee fees payable by the team failing to appear to the other team + rescheduling of the game to the appearing team's site

B14.04

The responsibility to make sure that players sit out their suspended games is on the coach and manager. **Playing of suspended players will result in immediate suspension of the head coach.** Coaches should send copies of tournament games to our Zone Technical Director to prove that players have sat out their games if these games are at a tournament.

Article XV: Coaching Requirements

B15.01

All coaching requirements are set by the OLA, please refer to the OLA website, under Coach heading for requirements.

Article XVI: Offense/Defense Policy

B16.01

Offense/Defense will be defined as a tactic, while at even strength, any player, or group of players, leaving the bench and deliberately returning to the bench (usually by the same door) without the benefit of participation of play, in both the offensive and defensive zones, during the same shift, is considered to be playing Offense/Defense.

B16.02

Penalty for Offense/Defense play will go to the head coach in the following order:

1st offense in a game - 2 minute bench minor

2nd offense in the same game – a gross misconduct with ejection from the game + 2 minute bench minor. A further suspension may be assessed as a result of the gross misconduct: discretion will be used.

Article XVII: Non Zone Game Guidelines

B17.01

No scheduled games for U13, U15, U17 "A" rated teams after July 8th of the current playing year.

B17.02

No games may be added to the schedule to act as a vehicle to serve suspensions.

B17.03

The zone in which the game is played in is responsible for any discipline, except for Abuse of an Official and bench clearing, which go directly to the OLA.

B17.04

Any fines incurred as a result of these games assessed at Zone level will be made payable to the zone of the offending centre.

B17.05

Any team not paying fines within 30 days of assessment will risk their standing within their zone and the OLA.

B17.06

All suspensions must be reported to the OLA office within 48hrs, plus a record of suspensions served must be sent to the OLA office as well as the zone directors from both zones.

B17.07

The referee assignor for the home centre will be asked to assign referees for the game.

B17.08

Cost of such games will be mutually agreed upon by both teams, payment, if required made by cheque or money order, not cash, made payable to the club, not to an individual.

B17.09

Non zone games cannot be scheduled until Zone schedule is FINAL.

Article XVIII: Zone Yearly Awards

B18.01

The following yearly awards will be presented at the zone AGM, Coach of the Year, MVP, Lacrosse person of the year and Zone 7 Referee of the Year.

**ZONE 7 MINOR LACROSSE
COACH OF THE YEAR
NOMINATION FORM**
(PLEASE PRINT CLEARLY)

This form must be completed and returned to the Zone 7 Minor Lacrosse Secretary no later than September 1st of the current playing season. *Late nominations will not be accepted as the voting ballot must be prepared.*

The ZONE 7 MINOR LACROSSE COACH OF THE YEAR AWARD is presented annually to the outstanding Zone 7 Coach that best exemplifies good sportsmanship and dedication to the sport of Lacrosse.

We would like to nominate COACH: _____ of the
_____ Association in the Division of: _____
for Zone 7 Minor Lacrosse "Coach of the Year".

Reasons for nominations:

N.C.C.P. Level: _____

Signature: _____

Date: / /

ZONE 7 MINOR LACROSSE

Most Valuable player/sportsmanlike player

DAVE AND ANNETTE MARTIN AWARD**NOMINATION FORM**

(PLEASE PRINT CLEARLY)

This form must be completed and returned to the Zone 7 Minor Lacrosse Secretary no later than September 1st of the current playing season. *Late nominations will not be accepted as the voting ballot must be prepared.*

I/we would like to nominate PLAYER: _____ of
the ASSOCIATION: _____ DIVISION: _____
for the MVP/MSP Award.

Reasons for nominations:

Signature: _____ **Date:** / /

Player - G: , A: , PM: Goaltender - GA: P: , PM:

ZONE 7 MINOR LACROSSE
Lacrosse person of the year
NOMINATION FORM
(PLEASE PRINT CLEARLY)

This form must be completed and returned to the Zone 7 Minor Lacrosse Secretary no later than September 1st of the current playing season. *Late nominations will not be accepted as the voting ballot must be prepared.*

I/we would like to nominate the following person: _____ of
the _____ ASSOCIATION, for the LACROSSE PERSON
OF THE YEAR Award to the Individual whose unselfish motivations are
demonstrated by the dedication of their efforts to “Helping the Kids” and the
growth of Lacrosse.

Reason for nomination:

Signature: _____ Date: / /

**ZONE 7 MINOR LACROSSE
REFEREE OF THE YEAR
NOMINATION FORM**
(PLEASE PRINT CLEARLY)

This form must be completed and returned to the Zone 7 Minor Lacrosse Secretary no later than September 1st of the current playing season. *Late nominations will not be accepted as the voting ballot must be prepared.*

The ZONE 7 MINOR LACROSSE REFEREE OF THE YEAR AWARD is presented annually to the outstanding Zone 7 Referee that best exemplifies leadership on/off the floor and dedication to the sport of Lacrosse.

We would like to nominate Referee: _____ of the
_____ Association in the Level of: _____
for Zone 7 Minor Lacrosse "Referee of the Year".

Reasons for nominations:

Referee Level: _____

Signature: _____

Date: / /

Article XIX: Zone Referee Mileage Rates

B19.01

The mileage agreement will be reviewed annually by the Zone Executive. An agreement will be made on the mileage rate per kilometer for Referee travel fees and Zone Executive travel fees. This will be set by January 1st of each season.